changes, insomnia, seizures, and similar symptoms associated with multiple sclerosis.

The new commissioner approved the artificial sweetener and then went on to fire ant. It has been shown that methanol toxicity causes depression, brain fog, mood


turer Monsanto, to Washington, a new FDA commissioner was hastily appointed.

disorders, including malabsorption. Foods may be incompletely digested and subse-

There are over 92 symptoms documented from using aspartame

contains chlorine, is marketed as a natural sugar. However,

become a consultant for NutraSweet's public relations firm, receiving $1000 a

aspartame for 16 years before it finally gave in to political/economic pressure. This

(viruses, bacteria, and yeast). They play a crucial role in establishing an overall

condition called dysbiosis. Dysbiosis has been linked with disorders like yeast infec-

ber the cells in your body by a factor of 10 to one. These bacteria, or gut flora, which

Is the Sugar Substitute Splenda Safe?

A study done at Duke University and published this past

34 minutes) without appreciable increases in mass.

Avoid the Cholesterol-Lowering Drug Crestor

was voluntarily pulled off the market after 31 people died from complica-

ing in poor performance. A simple task, like

mood, fatigue, and memory problems in older adults. Crestor was finally pulled off

The good news is that muscle

Essential Thera-

mation, free radicals, and

Antioxidant Nutrients

Consume 5-9 servings of

Consume 1-2 servings of

an important factor in the de-

Oxidative stress is a very

Preventing Alzheimer's Disease With Diet And Nu-

There are also genetic risk factors for Alzheimer's disease. Most patients develop Al-

It's normal for certain kinds of memory, such as the ability to remember lists of words,

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